

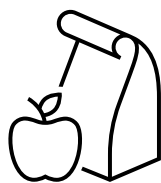


# CENTENNIAL TODAY

**Friday, September 22, 2025-Day 1**

To speed up the process of serving you at lunch:

1. Please leave your backpacks or bags in your locker or outside the cafeteria service area
2. Please read the menu in the Centennial Today before entering the lineup
3. Use hand sanitizer before entering
3. Have your payment ready before you order
4. No touching items that you are not going to buy
5. Only those buying are permitted to enter the lineup. This will help speed up service.
6. No cutting into the line. Please wait your turn and line up in an orderly manner.



## LUNCH MENU



**Soup: Leek & Potato(Centennial Grown Leeks)**

Small \$2.50, Medium \$3.50, Large \$5.50

### AM Break

Ham, Egg & Cheese Wrap \$3.00

### Menu

Grilled Cheese \$5.00

BBQ Beef Burger \$5.50

Poutine \$6.00

Chicken Parmesan Sandwich \$6.00

Baked Penne w/ Meat Sauce \$5.50

Shepherd's Pie \$5.50 (GF)

### Salads

Centennial Salad \$ 5.00 w/ Chicken \$7.00(GF)

Caesar Salad \$4.50 w/ Chicken \$5.50

Chopped Salad \$4.00

## ALL STUDENTS

# WELCOME BACK STUDENTS!!!

White Emergency Forms are now overdue.

Please bring your completed and signed form to the office asap.

Flex Login:

Log in: 076-email address

Password: student ID number (You will be prompted to change this after you log in)

If you still cannot log in, please come down to the tech centre (in the library) to see us for support.



### Terry Fox Fundraising Next week

Items are by donation, and all proceeds go to the Terry Fox Foundation

Cotton Candy Sale: Mon/Tues

Slushie Sale: Mon/Tues



Popcorn Sale: Weds/Thurs

Sno-Cone Sale: Weds/Thurs



\*minimum donation \$1

## PHYSICS CLUB

Please join us for the first meeting of physics club on Monday September 22nd at lunch, in B220. Everyone is welcome, and you do not need to have prior physics knowledge to join. The first meeting will further explain what we'll get to do over the course of the year. Come check it out!



## PAWS RESCUE SOCIETY CLUB

Do you like helping animals? Do you have pets of your own? Do you want to help injured animals who need urgent medical care, or sick animals who are considered unadoptable? Join **Paws Rescue Society**. We support charities like the SPCA (provincially) , VOKRA (Vancouver) and SAINTS (Mission). To help fundraise for these organizations, join Paws Rescue Society! Last year, we sponsored injured cats and dogs through the SPCA and SAINTS. First meeting is **Thursday, September 18th at the beginning of lunch in Room E216**. See you there!



## Attention Grads

### **Grad Committee!**

Plan your grade 12 events! First meeting of Grad Committee is Wednesday, September 17<sup>th</sup> at lunch in Room E216. See Ms. Mattson (E216) or Ms. Chambers (E214) if you are unable to attend.

If you missed the chance to sign up for Grad Committee and you would like to join, please fill out the QR Code to be added to the Grad Committee TEAMS Page.

Grad Committee 2025-2026



If you would like to order a Grad Hoodie, they are available for order online **until Wednesday Sept 24 (11:59pm)**.

Use the following link: <https://grdwr.co/CENT2026>

## Game Design Club

**Beginners are welcome**

**We'll be making a  
story-driven 2D  
game**

**Meetings on  
Mondays after  
school in room  
A204**

**LOOKING FOR:**

- **ARTISTS**
- **WRITERS**
- **CODERS**



**We will be using  
Ren'py with Python,  
Git, and Krita**

**Scan code to sign up!**



## SOGI CLUB

**Meetings every Thursday – Lunch –Textiles Room E215**

**Everyone is welcome!**

*We Need You!*

## JOIN THE SUSTAINABILITY LEADER COUNCIL (DSL)

**Do you have a passion for making our world more sustainable?**

**Who is DSL?**  
The DSL brings together students from Middle and Secondary schools to take the lead in driving climate action and shaping a sustainable future.

**What we offer:**

- Develop leadership skills by organizing district-wide sustainability events
- Share your ideas and influence how schools take climate action
- Build connections and make an impact in your school and community

**Your main commitment:**

Attend our monthly meetings - The 1<sup>st</sup> Wednesday of each month, 3:30 - 4:30 pm on Microsoft Teams

**Let's do more things like:**



Clothing Swap



Landfill Field Trip



**EARTH DAY**  
**CHALLENGE**

Eco Week Challenge



Garden Clubs

Email **Mr. Pettyfer** our District's Energy and Sustainability Manager if you want to join us to get an invitation to our **first meeting on October 9, 3:30 pm.**



**INTERESTED? BE PART OF THE MOVEMENT!**

EMAIL: [apettyfer@sd43.bc.ca](mailto:apettyfer@sd43.bc.ca) or let your principal know you're interested



## Black History Month Club

Please join us on Wednesday, September 17, 2025, at lunch in room E100 to discuss plans for Black History Month 2026 and the assembly. Everyone is welcome!

**Everyone has a responsibility** for looking after our facilities at Centennial.

**If you see an issue with any of our washrooms, or any other concern please report it.**

No toilet paper or soap... report it!

A mess on the floor... report it!

Vaping... report it!

Damage... report it



# CAREER CENTRE

Visit the online Centennial Career Centre Page

[Career Centre - Centennial Secondary School \(sd43.bc.ca\)](https://sd43.bc.ca)



**@cent43careercentre**

Employment/volunteering – Post Secondary Information-  
Scholarships & Awards – Trades Training -

Mrs. Healey Wright, your Post-Secondary and Career Advisor, is on site Monday, Wednesday, Thursday and Friday 8:00am – 3:30 pm.  
email [dhealeywright@sd43.bc.ca](mailto:dhealeywright@sd43.bc.ca)

## General Information

### Grade 12

#### SCHOLARSHIP MEETING #1

The first meeting will be held this Wednesday **Sept 24<sup>th</sup>** after school in the library. Plan to attend.

#### \*NEW PROGRAM SFU-EXETER ACCELERATED LAW

[Accelerated Law \(SFU-Exeter\) - Faculty of Arts and Social Sciences - Simon Fraser University](#) Interested in studying law? Check this out!

#### VCC adding CONSTRUCTION ELECTRICIAN FOUNDATION PROGRAM JAN. 2026

Visit [vcc.ca](http://vcc.ca) for updated information on the website (tbd).

#### DOUGLAS COLLEGE UPDATES:

Youth Justice is no longer requiring 19+, Most Community programs have **waived volunteer hours** requirement (except Social Work),

APPLY for Entrance Awards by March 31, Apply EARLY for LIMITED ENROLMENT programs, Academic Foundations for potential nursing candidates is open enrolment.

**Fall info Fair Oct 28<sup>th</sup> 4pm - 7pm NW campus.**

#### CANADIAN COAST GUARD -

**Applications will open soon. 80 seats per year: [Officer Training Program](#)**

#### UBC EARLY ADMISSION IS ONLY FOR SCHOLARSHIPS (NOT EARLY CONSIDERATION)

- December 1: Deadline to apply to UBC to be considered for scholarships. [Dates and deadlines - UBC | Undergraduate Programs and Admissions](#)
- January 15: Deadline to apply for Winter Session (September 2026 to April 2027).

#### LIMITED ENTRY PROGRAMS

Students are urged to check admission dates for programs with limited entry. The sooner you apply, the better, programs fill fast.

#### CUE - Canadian Universities Event INFO

A list of institutions from across Canada attending the event!

[Universities - Canadian Universities Event](#)

#### U of T Reminder

Only Nominees for the Book Award are eligible to apply for the U of T National Scholarships. (due by Oct 2 internally)

#### U of T automatic entrance awards

The University of Toronto has some great scholarship opportunities for strong students who excel in their work. [See here for more information about admission awards.](#)

## Helpful Admission Links

[Apply - EducationPlannerBC](#)

[How to apply | UBC Undergraduate Programs and Admissions](#)

[Biology at UBC's Vancouver campus | UBC Undergraduate Programs and Admissions](#)

[Apply to SFU - Undergraduate Admission - Simon Fraser University](#)  
[Science - Undergraduate Admission - Simon Fraser University](#)  
[How to apply - Undergraduate admissions - UVic](#)  
[Apply to Douglas | Douglas College](#)  
[How to Apply - BCIT](#)  
[Ontario Universities' Application Centre](#)  
[How to Apply | Future Students. University of Toronto](#)  
[Apply to College or University in Alberta | Official Application Portal](#)  
[Apply for Undergraduate Admission](#)

**U of T Wolf Scholars**

Canada's most immersive scholarship, designed for brilliant students who are curious about the world and driven to lead for the better  
Must have **90%** average and be applying to the **University of Toronto Faculty of Arts and Sciences at the St. George campus**. Students can self-nominate for this award.

**UNIVERSITY OF TORONTO BOOK AWARD**

Outstanding students may apply to be considered for our one nominee. Apply by **Oct. 2nd**. Details here: [Career Centre - Centennial Secondary School](#)

Bassant Motors Community Pride Scholarship (Int'l students are eligible)	...	9/28/2025
Make It Right Charity Award -Homes Foundation (ongoing through the year)	...	9/30/2025
UFCW (Union) Scholarships	...	9/30/2025
Lester B Pearson International Scholarship 2025/2026 NOMINATION CONSIDERATION DEADLINE OCT 2	...	10/2/2025
U of T Book Award Internal deadline for NOMINATION CONSIDERATION	...	10/2/2025
AES ENGINEERS SCHOLARSHIP	...	10/8/2025
Loran Scholarship Program 2026 - STUDENTS APPLY DIRECTLY BY OCT. 16TH	...	10/16/2025
TD Scholarships for Community Leadership	...	10/22/2025
Dr M. Wosk Environmental Leadership Award (Ages 15-19)	...	10/31/2025
SFU ENTRANCE AWARDS, BURSARIES AND SCHOLARSHIPS	...	11/1/2025
Wolf Scholarships (U of T) (Arts and Science St. George)	...	11/10/2025
Terry Fox Humanitarian Award	...	12/1/2025
SFU UNDERGRADUATE ENTRANCE SCHOLARSHIPS (USES)	...	12/15/2025

SPORTS

**Centennial Cross Country!**

We will be having practice on **Thursday, September 25th at 3:45pm in Mundy Park**. Please meet Mr. Willett and Ms. Willett **at the Mundy Park baseball diamond where our races start**.  
See you then!

**CENT SWIM TEAM**

has started practicing! If you missed our first practice last week, that is OK, you can still come out Thursday morning this week (September 18th).  
Be on deck at Poirer pool by 6:50 ready to swim and make sure to check in with either Ms Murray or Ms Curran (we take turns)

You will need to get your medical and permission forms from TEAMS or see Ms Murray in PE or Ms Curran in B220. Make sure to hand them in at practice or to one of us **RIGHT AWAY**. We will only be registering swimmers that have handed in forms.

ANYONE WHO WANTS A HOODIE or SWEATS NEEDS TO GET THEIR MONEY TO MS CURRAN IN B220 by WEDNESDAY LUNCHTIME at the latest (you can also bring it to practice Tuesday). Kennedy and Alex are ordering - check TEAMS for details!

**Volleyball**

**Gr. 9 Girls' Volleyball**

Good showing with your first tournament. Much improvement across the team. Practice today in the blue gym after school, 3:20-5:40. Remember your first home game is this Thursday at Centennial.

**Go Centaurs!**

**Centennial Schedule**

Monday	Tuesday	Wednesday	Thursday	Friday
BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53	BLOCK 1 7:45 - 8:53
BLOCK 2 9:00-10:12	BLOCK 2 9:00 – 10:03	BLOCK 2 9:00-10:12	BLOCK 2 9:00 – 10:03	BLOCK 2 9:00 - 10:12
BLOCK 3 10:16-11:28	ExFLEX 10:07 – 11:12	BLOCK 3 10:16-11:28	CENT TIME 10:07 – 11:12	BLOCK 3 10:16-11:28
Lunch 11:28 – 12:13	BLOCK 3 11:16 – 12:19	Lunch 11:28 – 12:13	BLOCK 3 11:16 – 12:19	Lunch 11:28 – 12:13
BLOCK 4 12:13 – 1:25	Lunch 12:19 – 1:05	BLOCK 4 12:13 – 1:25	Lunch 12:19 – 1:05	BLOCK 4 12:13 – 1:25
FLEX 1:29 – 1:59	BLOCK 4 1:05 – 2:08	ADVISORY/FLEX 1:29 - 1:59	BLOCK 4 1:05 – 2:08	FLEX 1:29 - 1:59
BLOCK 5 2:03 - 3:15	BLOCK 5 2:12 - 3:15	BLOCK 5 2:03 - 3:15	BLOCK 5 2:12 - 3:15	BLOCK 5 2:03 - 3:15

Book your  
FLEX and  
CENT

SCAN ME

